

Everyone is welcome at a Safe Haven

- Any community member is welcome
- All ages are welcome
- No referral or appointment is required. Drop-ins are encouraged.
- This service is free

All Havens are open Monday to Friday 9am-3pm



Woodburn
123-127 River Street



Lismore
46 Magellan Street



Mullumbimby
15 Tincogan Street.
Behind the Mullumbimby and District Neighbourhood Centre



Murwillumbah
41-45 Murwillumbah Street
Murwillumbah



Lismore
46 Magellan Street,
Lismore

Mullumbimby
15 Tincogan Street,
Mullumbimby
(Behind the Mullumbimby and District Neighbourhood Centre)

Woodburn
123-127 River Street,
Woodburn

Murwillumbah
41-45 Murwillumbah Street,
Murwillumbah

Opening hours

All Havens are open Monday to Friday 9am – 3pm

For general enquiries email:
support@safehavennc.org.au

Visit safehavennc.org.au

Emergency support when Safe Haven hubs aren't open.

If you are experiencing an emergency: Call 000
If you are in distress and we are not open, you can contact the following numbers:

Lifeline 13 11 14

Aboriginal and Torres Strait Islander People
13YARN (139276)

NSW Mental Health Line 1800 011 511



Safe Haven acknowledges and pays respect to past and present Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

Safe Haven staff are committed to embracing diversity and eliminating all forms of discrimination in the provision of health and other services. We welcome all people irrespective of ethnicity, lifestyle choice, faith, sexual orientation and gender identity.

**HEALTHY
NORTH COAST**



THE BUTTERY

Safe Haven North Coast hubs have been established and are funded by Healthy North Coast through the NSW Government's Northern NSW Flood Recovery Program. Safe Haven North Coast services are delivered by The Buttery.

**Your FREE
all ages support
and wellbeing hub**





Safe Haven

Supporting
your community



Safe Haven hubs support the mental health and wellbeing of local communities in Northern NSW

Community members can drop into a Safe Haven hub to access free on-the-spot services.

Clinical and non-clinical staff are available at the Safe Haven hubs to provide evidence-based personalised care, including counselling support, connection, and referral.

Visit one of our four Safe Haven hubs in Woodburn, Lismore, Mullumbimby and Murwillumbah.

Open 5 days 9am-3pm.
No appointments are necessary.

Your Safe Haven community support and wellbeing hub offers:

- immediate support to improve mental distress and reduce suicidal thoughts and behaviours
- information about local mental health and drug and alcohol services
- a welcoming and caring environment for anyone feeling overwhelmed or needing support.

